## 5. ALCOHOL ADDICTION - An Introduction

A casual peg will turn vulnerable youth into lifelong addicts. It is the hardest disease to treat and prevention is the only the option by education younger generation about alcoholism and its devastating effects. We always tell them to stay away from experimenting with addictive substances.

Many well educated, religious people are addicted to alcohol without knowledge of family members. But they come to be noticed, when they develop severe withdrawal symptoms like insomnia, agitation, hallucination, tremulousness and disorientation and brought to nursing home after stopping alcohol for few days for the purpose of religious ceremonies.

ALCOHOL AFFECTS ALMOST ALL PARTS OF BODY, AND HENCE WE EVALUATE THEM PHYSICALLY BEFORE STARTING TREATMENT. ALCOHOL WITHDRAWAL IS EFFECTIVELY AND RAPIDLY DETOXIFIED ONLY AFTER ADMISSION.