

7. CHILDHOOD PROBLEMS – An Introduction

With modern life style, the challenges for younger generation are plenty starting right from womb. Today's kids grow in an atmosphere of cell phone, TV, video games, internet, and spend most of the time with them. Both parents are busy and work hard for the future of children. Teachers and schools focus mostly on grades, neglecting the full psychological development of the child.

In these situations some children develop school phobia and become withdrawn, where as others show overt behavior of aggression and rebelliousness. They may also indulge in bullying their school mates.

Lack of education about common and well treatable disorders like ADHD goes unnoticed by parents and teachers, jeopardizing the academic prospects of the child. Identification of developmental problems like autism and learning disability is delayed by the time critical intervention period is lost.

Sexual abuse even in a decent home atmosphere is not uncommon, which leaves permanent scars on the little minds, making them vulnerable to major psychological disorders in adulthood.

Wife and husband argue and express their mutual anger in front of their children, underestimating its effect on young minds, only to find it later that their children may even bed wet.

THERE IS NO BETTER TIME TO INTERVENE THAN AT THE STAGE OF BUDDING ITSELF. WHAT IS THE FUTURE OF SOCIETY WHICH IS NOT GOING TO BE MENTALLY HEALTHY?